

# Waluga Junior High School Band Practice Chart

Due Monday, June 7, 2010

Name: \_\_\_\_\_

Grade: (please circle) 8 7

Mon. \_\_\_\_\_

Tues. \_\_\_\_\_

Wed. \_\_\_\_\_

Thurs. \_\_\_\_\_

Fri. \_\_\_\_\_

Sat. \_\_\_\_\_

Sun. \_\_\_\_\_

### *Sample Practice Session*

- |                                                                               |           |
|-------------------------------------------------------------------------------|-----------|
| 1. Posture, Breathing Technique                                               | 1-2 min.  |
| 2. Embouchure – long tones, lip slurs (brass), grip and wrist strokes (perc.) | 1-2 min.  |
| 3. Articulation – various rhythms, Rudiments: slow-fast-slow (perc.)          | 1-2 min.  |
| 4. Tuning – with a tuner                                                      | 1-2 min.  |
| 5. Scales & Arpeggios – with a metronome                                      | 5-10 min. |
| 6. Method Book or Packet exercise– with a metronome                           | 5-10 min. |
| 7. Band Music – with a metronome                                              | 5-10 min. |
| 8. Enjoyment – end on a positive note, pick something you like playing!       | 1-2 min.  |

**TOTAL: 20-40 min.**

Total: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Private Lesson \_\_\_\_\_ Private Teacher: \_\_\_\_\_